

**ADDITIONS TO FOOD LIST 2009 - updated 1st Dec 2009**  
**(these additions are in line with the new revised Codex Standard)**  
**Always check labels as ingredients can change**

## **GLUTEN FREE SAUCES**

JACOB FRUITFIELD FOOD GROUP LTD

### **Standard Sauces:**

Chef Tomato Ketchup  
Chef Sauce  
Chef BBQ Sauce  
Chef Salad Cream  
Chef Chunky Relish

DOLMIO

### **Sauce for Bolognese:**

Original  
Original Light  
Organic  
Extra Onion & Garlic  
Extra Mushrooms  
Extra Spicy  
Tomato Sauce for Lasagne  
Creamy Sauce for Lasagne  
Roasted Onion & Garlic Lasagne Sauce

### **Chunky Sauces for Bolognese:**

Sweet Pepper  
Mediterranean Vegetable  
Winter Vegetables

### **Taste of Sauces for Pasta:**

Sorrenta - Cherry Tomato & Parmesan  
Calabria - Spicy Pepperoni & Tomato  
Rome - Creamy Tomato & Ricotta  
Tuscany - Tomato & Chianti  
Sicily - Tomato / Basil & Garlic

### **Microwaveable Pouches:**

Spicy Italian Chilli  
Sun Ripened Tomato & Basil

### **Microwaveable Bolognese Pouches:**

Original / Extra Mushroom /  
Extra Onion & Garlic

### **Pasta Bakes:**

Carbonara  
Creamy Tomato

Sun Dried Tomato & Cheese  
Roasted Mediterranean Vegetable

**Stir-In Sauces:**

Sweet Pepper  
Sun Dried Tomato  
Sun Dried Tomato Light  
Oven Roasted Vegetables  
Smoked Bacon & Tomato  
Creamy Carbonara  
Slow Roasted Garlic & Tomato  
Cherry Tomato & Pesto  
Spicy Tomato & Sweet Onion  
Pepperoni

**My Dolmio:**

Creamy Tomato Sauce  
Tomato & Cheese Sauce  
Tomato & Pepperoni Sauce

UNCLE BEN'S

**Oriental Sauces:**

Sweet & Sour Original  
Sweet & Sour Light  
Sweet & Sour Extra Pineapple  
Lemon Chicken  
Cantonese  
Szechuan Chilli

**Indian Sauces:**

Korma  
Curry Medium  
Tikka Masala  
Jalfrezi  
Balti

**Mexican Sauces:**

Mild Chilli  
Medium Chilli  
Hot Chilli  
Cajun  
Texan BBQ

**Thai Sauces:**

Thai Coconut Chilli  
Thai Sweet Chilli

**Stir Fry Sauces:**

Sweet Spicy Chilli  
Thai Red Chilli  
Sweet & Sour Aromatic

## UNCLE BENS

**Rice:** Wholegrain / Long Grain / Long Grain boil-in-the-bag /  
Wholegrain boil-in-the-bag / Basmati boil-in-the-bag

**Express Rice:** Long Grain Express Rice / Basmati Express Rice / Pilau Express Rice / Vegetable  
Pilau Express Rice / Golden Vegetable Express Rice / Mushroom Express Rice / Mexican Style  
Express Rice / Savoury Chicken Flavoured Express Rice / Wholegrain Express Rice / Lemon &  
Rosemary Express Rice / Special Fried Express Rice / Tomato & Basil Express Rice / Spicy  
Mexican Express Rice / Long Grain Wild Express Rice / Basmati & Thai Express Rice / Thai  
Curry Express Rice / Wholegrain & Mediterranean Vegetable Express Rice / Chinese Style  
Express Rice / Tandoori Express Rice / Mixed Pepper Express Rice / Egg Fried Express Rice

**Wok Rice:** Garlic & Herb Rice / Basmati Rice / Oriental Rice

**Risotto:** Tomato & Herb / Chicken & Mushroom / Bacon & Mushroom / Mediterranean Vegetables

## SEEDS OF CHANGE BRAND

### **Organic Pasta Sauces:**

Tomato & Basil

Bolognese

Olive & Cherry Tomato

Basil Parmesan & Cherry Tomato

Mediterranean Vegetable

Slow Roasted Garlic & Chilli

Roast Pepper & Tomato

Tomato & Vegetable

Tomato & Sweet Pepper

### **Organic Stir-in Pasta Sauces:**

Sun Dried Tomato & Basil

Roasted Red Peppers

### **Organic Ethnic Sauces:**

Balti

Chilli

Jalfrezi

Korma

Madras

Sweet & Sour

Tikka Masala

## HORGAN'S DELICATESSEN SUPPLIES LTD

### **Pasta Sauce**

Vegetarian Pasta Sauce

Bacon Pasta Sauce

## **Good' Brand**

Good Dressing Honey & Mustard  
Good Mayonnaise Classic  
Good Mayonnaise Garlic

### **Ballymaloe Country Relish**

New product - Ballymaloe Cheddar Melt

## **GLUTEN FREE DESSERTS**

HORGAN'S DELICATESSEN SUPPLIES LTD

### **Desserts:**

Crème Brulee  
Tartufo  
Chocolate Panna Cotta  
Caramel Panna Cotta

AVONMORE

Fresh Creamed Rice, Fresh Luxury Custard, Fresh Low Fat Custard

### **ALPRO DESSERTS**

#### **Dairy Free Desserts:**

Vanilla Flavour + Cal - 4 x 125g  
Caramel Flavour + Cal - 4 x 125g  
Chocolate Flavour + Cal - 4 x 125g  
Dark Chocolate Flavour + Cal - 4 x 125g

#### **Alpro Custard:**

Dairy Free Custard + Cal - 525g

## **CHEESES - GLUTEN FREE**

### **Provamel Spreadable Cheese**

Provamel Soya Alternative to Spreadable Cheese Plain - 150g

HORGAN'S DELICATESSEN SUPPLIES LTD

### **Irish Cheese (Farmhouse)**

Ardagh Chalice Cheddar & Wine  
Ballintubber Cheddar & Chives  
Ballyporeen Cheddar & Herbs  
Cahill's Cheddar & Porter  
Cahill's Cheddar & Whiskey  
Glandor 200g  
Murragh 200g  
Vintage 200g

Cashel Irish Blue  
Cooleeney  
Boilie Cheese  
Baby Durrus  
Gubbeen  
St. Brendan Brie  
St. Killian  
Baby Ardrahan  
Carrigaline  
Carrigaline Garlic & Herbs  
Gallan Cream Cheese Garlic & Herbs  
Gallan Light Soft Cream Cheese  
Dunbarra Garlic  
Dunbarra Pepper  
Dunbarra Plain  
Dromana Mild Cheddar  
Dromana Medium Cheddar  
Dromana Mature Cheddar  
**Irish Cheese (Creamery)**  
Killowen Vintage Cheddar  
Mature Red Cheddar  
Mature White Cheddar  
Wexford Cheddar Cheese  
Dubliner  
Tipperary Emmental  
**Irish Goats Cheese**  
Ardsallagh soft goat cheese  
Gortnamona  
O'Reilly's Goat's Cheese  
Goat's Boilie Cheese  
**Irish Sheeps Cheese**  
Knockalara Sheeps Cheese  
St.Tola Slices 150g  
Crozier Blue Cheese  
Baby Cratloe Sheeps Cheese  
**French Cheese:**  
Le Roitelet 60% Brie 30g  
Le Roitelet 60% Foil Brie 200g  
Le Roitelet Camembert 250g  
Plaisir de Roy 60% Brie 200g  
President 60% Foil Brie 200g  
President 60% Petit Brie 350g  
President 60% Petit Brie 500g  
President Brie 30g  
President Brie Slices 125g  
President Camembert 250g  
President Creme Fraiche Light 8 x 330ml  
President Crousti Cho Fondue 500g  
President Emmental Ptns 20g

President Grated Emmental  
President La Brique 200g  
President Light Brie 200g  
President Petit Camembert 240g  
President Salakis Feta Light 150g  
President Salakis Feta Tray 200g  
President Sliced Emmental 200g  
Societe Baraignaudes Roquefort 150g  
Societe Roquefort 100g  
Tesco Finest Epoisses  
Tesco Finest Mimolette  
Fourme d'Ambert  
Tesco Finest Pont l'Evêque  
Raclette Tranchette 250g  
Le Rustique  
Le Roule Garlic & Herbs  
Brie de Meaux  
Reverend Brie 60%  
Reverend Brie with Herbes  
Reverend Brie with Peppers  
Boursin 3 Minis  
Boursin Garlic & Fine Herb Light  
Boursin Garlic & Fine Herbs  
Boursin Natural Collective Portion  
Boursin Three Nuts  
Boursin With Chives & Shallots  
Boursin With Figs & Nuts  
Boursin With Pepper  
Mini Chaumes 200g  
Mini St. Albroy 200g  
Mini Rambol Walnut 125g  
Saint Agur Wedges 125g  
Bresse Blue Portions 30g  
Appetasers Provence 100g  
Crème de Saint Agur 150g  
Pie d'Anglois 200g  
Le Saint Aubin 200g  
Bresse Blue 150g  
Mont d'Or  
St. Marcellin  
**French Goats Cheese:**  
Chabis "Chevre du Poitou" 100g  
Le Cadridoux Pur Chevre Frais  
Le Chevrot Lait Cru Chevre 200g  
Petit Chevre Boite (Goat Camembert)  
St. Maure Chevre Du Poitou 200g  
Chavroux-Fresh Goat's Cheese  
Crottin De Chavignol  
**English Cheese:**

Blue Stilton Cheese 150g  
Cathedral City Extra Mature Cheddar 200g  
Cathedral City Mature Cheddar 200g  
Cathedral City Mature Cheddar 20g  
Coloured Cheshire  
Mature Blue Stilton Jar 200g  
Mature Blue Stilton Wedge 425g  
Red Leicester  
White Cheshire  
Wensleydale  
Wensleydale with Apricot  
Wensleydale with Cranberry  
County  
Abbeydale 200g  
Crandale 150g  
Mexicana 150g  
White Stilton and Apricot 150g  
Applewood 200g  
Mini Applewood 20g  
**English Sheeps Cheese:**  
Wensleydale Sheep's Milk Cheese  
**Dutch Cheese:**  
Old Amsterdam  
Dutch Smoked Gouda  
Dutch Edam  
Dutch Gouda  
**Danish Cheese:**  
Feta with Olives and Garlic in Oil  
Feta in Oil with Spices  
Feta with Black Olives in Oil  
Pasta Cheese 150g  
Pizza Cheese 150g  
Salad Cheese 150g  
Gratin Cheese 150g  
Castello Chives  
Castello Pineapple  
White Castello 20g  
Mini Rupp Plain  
Mini Rupp Smoked  
**German Cheese:**  
Cambozola  
**Swiss Cheese:**  
Swiss Appenzeller  
Swiss Emmental  
Swiss Fondue  
Emmi Swiss Gruyère  
Emmi Swiss Raclette  
Emmi Swiss Tilsiter  
Swiss Emmental

Swiss Gruyere

**Italian Cheese:**

Fallini Dried Grated Cheese 80g Shaker

Parmigiani Reggiano

Taleggio

Fontina

Provolone Dolce

Ricotta

Mascarpone

Fresh Mozzarella

Toscanello Mozzarella

Mozzarella Light

Buffalo Mozzarella

Grana Padano

Gorgonzola

**Spanish Cheese:**

Manchego

**Greek Cheese:**

Feta

**Norwegian Cheese:**

Jarlsberg

**Cyprus:**

Haloumi

**OLD MAC DONNELLS**

Old MacDonnells Natural Goats Cheese Spreadable

Old MacDonnells Garlic and Herb Goats Cheese Spreadable

Old MacDonnells Goats Cheese Greek Salad

Old MacDonnells Mediterranean Style Cheese

Old MacDonnells Probiotic Italian Sun Dried Tomato & Fresh Basil

Old MacDonnells Probiotic Herbs de Provence and Garlic

## HERBS & SPICES

GOODALL'S

**Herbs & Spices:**

Allspice Ground - 25gr

Basil - 15gr

Caraway Whole - 30gr

Cinnamon Ground - 50gr

Cloves Ground - 20gr

Cloves Whole - 30gr

Coriander Ground - 20gr

Cumin Ground - 25gr

Curry Powder - 25gr

Ginger Ground - 35gr

Mixed Herbs - 11gr

Mixed Spice - 50gr  
Nutmeg Ground - 50gr  
Oregano - 10gr  
Paprika Powder - 30gr  
Parsley - 12gr  
Rosemary - 25gr  
Thyme - 16gr

## **PICKLES & DELI ITEMS**

**HORGAN'S DELICATESSEN SUPPLIES LTD - DELI ITEMS (prepacked):**

### **ANTIPASTO**

#### **Italian**

Green Olives 200 g  
Grilled Aubergines 200 g  
Grilled Peppers 200 g  
Kalamata Olives 200 g  
Mushroom Salad 200 g  
Sundried Tomatoes 200 g

#### **Sauerkraut:**

##### **German**

Appelrorkraut (Red Cabbage) 500g  
Sauerkraut 500g  
Sauerkraut With Wine 250g

## **SEAFOOD - GLUTEN FREE**

**HORGAN'S DELICATESSEN SUPPLIES LTD**

### **SEAFOOD IRISH**

Organic Grilled Salmon  
Organic Smoked Salmon  
Organic Gravad Lax  
Smoked Mackerel Plain  
Smoked Mackerel Peppered  
Smoked Mackerel Basil  
Gravad Lax  
Smoked Irish Farmed Salmon  
Smoked Kippers  
Smoked Trout  
Smoked Wild Irish Salmon

#### **Italian**

Sardine Fillets 200 g  
Seafood Salad 200 g

## GLUTEN FREE COOKED MEATS / GLUTEN FREE SAUSAGES

### **SUPERQUINN**

Gluten Free Sausages under the Superquinn Brand

### **HORGAN'S DELICATESSEN SUPPLIES LTD**

#### **COOKED MEATS**

##### **Irish:**

2 Pepperoni Sausages Long Pack - 200g

4 Pepperiza Sausages Mini Pack - 180g

5 Real Frankfurters Mini Pack - 190g

Mini Garlic Salami - 180g

Mini Kabanossi 3 Per Pack - 160g

Mini Whiskey Salami - 200g

New Yorker Hot Dog 10 Pack - 320g

New Yorker Hot Dog 4 Pack - 125g

St. Bernard Hot Dogs - 350g

Blacky Ham Slices - 100g

Garlic Sausage Slices - 100g

German Salami Slices - 100g

Pepper Coated Salami Slices - 100g

Meisterhof Garlic & Onion - 80g

Meisterhof Green Pepper - 80g

Meisterhof Herb Coated - 80g

Meisterhof Parmesan - 80g

##### **Polish:**

Kielbasa Mysliwska (Hunter Dry Sausage) - 390g

Krakows-Sucha (Dry Sausage) - 320g

Kielbasa Jalowcowa (Juniper Dry Sausage) - 300g

Kielbasa Zywiecka (Dry Sausage) - 286g

Krakuski-Pork, Thin Sausages - 250g

Krakus, Kabanosy Sausages - 180g

Morliny Podwawelska Sausage

Morliny Cooked Bacon

Morliny Polska Ham

Morliny Sopocka Smoked Loin

Morliny Smoked Belly / Boczek "z Komina"

Morliny Dry Krawowska Sausage

##### **Belgian:**

Breydelham Roasted On The Bone

Breydelham Roasted Elite

##### **Italian:**

Parma Ham - 80g

Prosciutto Crudo - 80g

## PATE - GLUTEN FREE

HORGAN'S DELICATESSEN SUPPLIES LTD

**PATE**

**Belgian:**

Ardennes Pâté - Glass Jar 120g  
Ardennes Pâté - Glass Jar 28g  
Brussels Pâté - Glass Jar 120g  
Brussels Pâté - Glass Jar 28g  
Brussels Pâté - Plastic Tub 175g  
Duck Pâté - Plastic Tub 175g  
Garlic Pâté - Plastic Tub 175g  
Green pepper Pâté - Glass Jar 120g  
Green Pepper Pâté - Glass Jar 28g  
Mushroom Pâté - Glass Jar 120g  
Mushroom Pâté - Glass Jar 28g  
Mushroom Pâté - Plastic Tub 175g  
Spar Ardennes Pâté - Plastic Tub 175g  
Spar Brussels Pâté - Plastic Tub 175g  
Spar Green Pepper Pâté - Plastic Tub 175g  
Spar Mushroom Pâté - Plastic Tub 175g

**YOGURTS / CREAM / MILKS - GLUTEN FREE**

**Rachel's Yogurts**

Full range is gluten free except for Breakfast - Luscious Low Fat Vanilla Yogurt with Granola

**ALPRO YOGURTS**

**Soya Dairy Free Alternative to Yogurt:**

Plain Organic - 500g  
Yogurt Plain - 500g  
Yogurt Forest Fruits + Cal - 500g  
Organic Red Cherry & Peach Mango - 4 x 125g  
Vanilla Raspberry + Cal - 4 x 125g  
Strawberry Banana & Peach Pear - 4 x 125g  
Strawberry - 4 x 125g  
Peach - 4 x 125g  
Peach & Blueberry Organic - 4 x 125g  
Strawberry & Forest Fruits - 4 x 125g  
Vanilla + Cal/Vits - 500g

**Alternative to Cream:**

Alpro Soya Cream

**Provamel (Organic) Yoghurt**

**Soya alternative to yogurt**

Blueberry Organic 4x125g  
Raspberry/Vanilla Organic 4x125g

Cherry Organic 4x125g  
Peach/Mango Organic 4x125g  
Plain Organic 500g  
Strawberry Organic 500g  
Forest Fruits Organic 500g  
Peach Organic 500g  
Vanilla Organic 500g  
Blueberry Organic 500g

**OLD MAC DONNELLS**

Old MacDonnells Live Natural Yoghurt - 500g  
Old MacDonnells Live Natural Yoghurt - 250g  
Old MacDonnells Live Strawberry Yoghurt - 250g  
Old MacDonnells Live Natural Yoghurt - 150g  
Old MacDonnells Live Strawberry Yoghurt - 150g

**HORGAN'S DELICATESSEN SUPPLIES LTD - MILK/YOGURT/DIPS**

Springcool Dairy Whipping Cream 200ml  
Kerryold Cream for Coffee  
Lullaby Milk  
Ardsallagh Goats Milk Yogurt  
Ardsallagh Goats Milk  
Natural Yogurt

**DANONE**

**Danone Activia**

Activia Natural - 500g  
Activia Natural - 4 x 125g  
Activia Fruit Raspberry Bi Layer - 4 x 125g  
Activia Fruit Prune Bi Layer - 4 x 125g  
Activia Fruit Blueberry/Blackberry - 4 x 125g  
Activia Inensely Creamy Lemon - 4 x 120g  
Activia Inensely Creamy Peach - 4 x 120g  
Activia Inensely Creamy Strawberry - 4 x 120g  
Activia Inensely Creamy Lemon - 4 x 120g  
Activia Saveur Set Strawberry - 4 x 125g

**Danone Vitalinea Cremosso**

Vitalinea Cremosso Strawberry - 4 x 125g

**Danone Danissimo**

Danissimo Strawberry  
Danissimo Stracciatella

**Danone Baby & Kids range:**

Baby 4 Plus Banana/Strawberry /Apricot 6 - 12 x 50g  
Danonino Banana/Strawberry/Pear - 8 x 50g  
Danonino Strawberry - 8 x 50g

Danonino Strawberry - 16 x 50g  
Danonino Banana/Strawberry/Pear - 16 x 50g  
Danonino Strawberry Drink - 8 x 100g  
Danonino Duo Strawberry/Banana - 4 x 95g  
Danonino XXL Raspberry/Vanilla - 4 x 100g  
Danonino XXL Strawberry/Apricot - 4 x 100g  
Danino (strawberry, raspberry, apricot) - 6 x 41.6g pots

**Danone Danacol**

Danacol Original Drink x 6  
Danacol Strawberry Drink x 6  
Danacol Tropical Drink x 6  
Danacol Pineapple Drink x 6  
Danacol Blueberry Drink x 6  
Danacol Red Fruit 0% Drink x 6

**Actimel Drinks - Full range**

**ICE CREAM - GLUTEN FREE**

**MARS ICE CREAM**

Bounty Chocolate Ice Cream stick  
Bounty Ice Cream bar  
Galaxy Caramel Swirls Ice Cream stick  
Galaxy Vanilla Heaven Ice Cream bar  
Snickers Ice Cream bar

**TIPPERARY ORGANIC ICE CREAM**

**Organic Ice Cream - 500ml tubs:**

Chocolate & Hazelnut  
Chocolate Truffles  
Lemon Zest  
Rich Vanilla  
Strawberries & Cream

**JAM/MARMALADE/MINCEMEAT**

Robertson's Mincemeats \* **very low gluten**  
Duerr Mincemeats

**JACOB FRUITFIELD FOOD GROUP LTD**

**Jams and Marmalades:**

Old Time Irish Fine Cut  
Old Time Irish Coarse Cut  
Little Chip No Peel

Little Chip Fine Cut  
Diabetic Marmalade  
Reduced Sugar Orange Marmalade  
Fruitfield No Peel Orange Marmalade  
Spanish Gold Marmalade  
Little Chip Lemon Marmalade  
Fruitfield Strawberry Jam  
Fruitfield Raspberry Jam  
Fruitfield Blackcurrant Jam

## GLUTEN FREE BREADS

### BEZGLUTEN

#### **New Gluten Free Range from Poland:**

**(available from Ecodirect - 01-6205053 [www.ecodirect.ie](http://www.ecodirect.ie))**

Country Bread - 300g - GF, LF  
Home made Bread- 400g - GF,WF,LF  
Daily Bread- 300g - GF,LF  
Toast Bread - 400g - GF  
Normal Rolls - 150g - GF,WF,LF  
Ciabatta Rolls - 165g - GF,WF,LF  
Baguettes - 330g - GF,WF,LF  
Mini Baguettes - 250g - GF,WF,LF  
Sesame Seed Rolls - 165g - GF,WF,LF  
Poppy Seed Rolls - 150g - GF,WF,LF

*GF = gluten free*

*WF = wheat free*

*LF = lactose free*

#### **GENIUS (available in selected Dunne's Stores ALSO through Ecodirect )**

#### **Gluten free/Wheat free/Dairy free FRESH Breads:**

Genius White Bread - 400g  
Genius Brown Bread - 400g

### CUISINE DE FRANCE

#### **Gluten Free/Wheat Free:**

#### **(Individually Wrapped)**

Bread Roll

## GLUTEN FREE BISCUITS & CAKES

### BYRON BAY

#### **Gluten Free Cookies:**

Sticky Date, Ginger & Walnut Cookie  
Spiced Apple & Sultana Cookie

Dark Choc Orange Cookie  
Triple Choc Fudge Cookie  
White Choc Chunk & Macadamia Nut Cookie

#### **DELISENZA**

**(Distributor: Baking Emporium Ltd, Dunmanway, Co Cork - 023-45260)**

##### **Gluten Free Crackers:**

Emmental - cheese & pumpkinseed - 220g  
Natural - 240g  
Quinoa - quinoa & linseed - 210g

#### **CUISINE DE FRANCE**

##### **Gluten Free/Wheat Free:**

##### **(Individually Wrapped)**

Chocolate Chip Muffin  
Blueberry Muffin

#### **MUSGRAVE RETAIL PARTNRS IRELAND**

##### **Free From Cookies (Supervalu Brand)**

##### **Gluten Free / Wheat Free Cookies:**

Lemon Crunch Cookies  
Ginger Crunch Cookies  
Half Chocolate Coated Ginger Cookies

#### **HONEYBUNS**

**(Wholesaler Odaios Foods - 01- 4691455) NEW Cookies - coming shortly!**

##### **Gluten Free Cookies:**

Almond Moon Cake  
Dorset Honey, Almond and Pistachio Cookie  
Honeyed Apple Cookie  
Milk Chocolate Brownie  
Triple Chocolate Tinker

## **GLUTEN FREE MIXES & FLOURS**

MRS CRIMBLES - Stiletto Foods UK Ltd

***(available in Londis/Gala/Costcutter)***

Bread Mix  
Pastry Mix  
Muffin & Sponge Mix

#### **DOVES FARM**

**Gluten Free & Wheat Free Flour Blends:**

Gluten & Wheat Free Plain White Flour Blend  
Gluten & Wheat Free White Bread Flour Blend  
Gluten & Wheat Free Brown Bread Flour Blend  
Gluten & Wheat Free Self Raising Flour Blend  
Cornflour

**Please note:** Doves Farm Naturally Gluten Free Flours e.g.  
Rice Flour, Gram Flour, Buckwheat Flour currently DO NOT comply with <20ppm.

**ALLERGYCARE**

Tapioca Flour is in line with the new revised Codex standard

**GLUTEN FREE SPREADS****OLD MAC DONNELLS**

Old MacDonnells Tzatziki  
Old MacDonnells Hummus Greek Style  
Old MacDonnells Hummus Chilli and Coriander

**CONFECTIONERY & HEALTH BARS & CHEWING GUM PRODUCTS****Cadbury UK updated list - Sept 2009****CADBURY - cancels previous list on page 62**

Bournville 99 Calories – 18g  
Bournville Cocoa - 125g / 250g  
Buttons Small Easter Egg 105g - (Chocolate Egg Shell 77g)  
Caramel Tree Novelty Packs – 101g  
Chomp – 24g  
Chomp – Treat Size 12g  
Creamy White Buttons – Standard Bag  
Crème Egg Minis Small Easter Egg - 98g  
Crème Egg Twisted – 45g  
Crunchie – 40g  
Crunchie – Treat Size 18g  
Crunchie Nuggets – 200g  
Curly Wurly – 22g  
Curly Wurly – Treat Size 14g  
Curly Wurly Squirlies – 45g  
Dairy Milk 99 Calories – 18g  
Dairy Milk Advent Calendar – 100g  
Dairy Milk Buttons – 145g  
Dairy Milk Buttons – 65g

Dairy Milk Buttons – Standard Bag  
Dairy Milk Buttons - Treat Size 14g  
Dairy Milk Buttons Tube – 100g  
Dairy Milk Caramel Egg – 40g  
Dairy Milk Chocolate Coins – 60g  
Dairy Milk Chunks Carton – 201g  
Dairy Milk Crunchie Share Box – 145g  
Dairy Milk Giant Buttons – 120g  
Dairy Milk Giant Buttons – 175g  
Dairy Milk Giant Buttons – 40g  
Dairy Milk Magical Advent Calendar – 187g  
Dairy Milk Share Box – 245g  
Dairy Milk Shots – 200g  
Dairy Milk Snowbites – 100g  
Dairy Milk Tree Decorations – 57g  
Dairy Milk Variety Share Box - 245g  
Flake – 32g  
Flake – Multipack  
Flake – Treat Size 14g  
Flake Dark – 32g  
Flake Moments – 180g  
Fudge – 25g  
Fudge Treatsize – 14g  
Jelly Babies – Treat Size 21g  
Koko Milk Chocolate Truffles – 200g  
Milk Chocolate Coated Peanuts – 200g  
Milk Chocolate Coated Raisins – 200g  
Milk Tray – 200g / 400g / 600g / 800g  
Mixed Tree Novelty Pack – 150g  
Roses – 150g / 220g / 400g / 700g / 975g  
Roses Luxury Collection – 200g  
Roses Mini Carton – 70g  
Roses Pouch – 700g  
Roses Truffles Selection – 215g  
Snowman – 150g  
Solid Parcel Tree Novelty Pack - 102g  
Twirl – 43g  
Twirl – Multi pack  
Twirl – Treat Size 22g  
Wispa Gold – 52g

**BASSETT'S (Cadbury UK) - cancels previous list on page 61**

Aniseed Imperials – Roll Pack  
Cherry Drops – Roll Pack  
Everton Mints – 200g  
Fruit Bonbons – 200g

Mint Favourites – 200g  
Mint Imperials – Roll Pack  
Mint Imperials – 200g  
Murray Mints – Roll Pack  
Murray Mints – 180g  
Murray Mints – 200g  
Pear Drops – 200g  
Sherbet Lemons – 200g  
Soft Fruits – Roll Pack  
Soft Fruits - 250g  
Spearmint Imperials – Roll Pack  
Sweetshop Favourites – 200g

**FRY'S (Cadbury UK) - new addition**

Chocolate Cream – 50g  
Orange Cream – 50g  
Peppermint Cream – 50g  
Turkish Delight – 51g  
Turkish Delight Box – 165g

**HALL'S (Cadbury UK) - cancels previous list on page 65**

Soothers Blackcurrant – 45g  
Soothers Cherry – 45g  
Soothers Peach & Raspberry – 45g  
Soothers Strawberry – 45g  
Mentho-Lyptus Extra Strong – 34g  
Mentho-Lyptus Blackcurrant – 34g  
Mentho-Lyptus Honey & Lemon – 34g  
Mentho-Lyptus Original – 34g  
Mentho-Lyptus Sugar-Free Cherry – 32g  
Mentho-Lyptus Sugar-Free Original – 32g

**TREBOR (Cadbury UK) - cancels previous list on page 73**

Extra Cool Peppermint – 28g  
Extra Cool Spearmint – 28g  
Extra Strong Peppermint – Roll Pack  
Extra Strong Spearmint – Roll Pack  
Soft Mints Peppermint – Roll Pack  
Soft Mints Peppermint – 225g  
Soft Mints Spearmint – Roll Pack  
Sugar Free Gum Spearmint – stickpack  
Sugar Free Gum Peppermint – stickpack

**TRIDENT (Cadbury UK) - cancels previous list on page 73**

Fresh Cool Lemon  
Fresh Peppermint  
Soft Peppermint  
Soft Spearmint  
Soft Strawberry Smoothie  
Soft Tropical Twist  
Splash Apple & Apricot  
Splash Raspberry & Peach  
Splash Strawberry & Lime  
Splash Vanilla & Mint  
Sweet Kicks Chocolate Mint  
Fresh Spearmint

**La Nouba, Belgium - new product**

Sugar Free Marshmallows

JACOB FRUITFIELD FOOD GROUP LTD

**Confectionery**

Clareandon Silvermints

**Leonidas**

Mystere - (pistachio) - dark  
Eve - (vanilla) - dark  
Eve - (banana) - milk  
For Ever Emballe Gold - (coffee) - milk  
I Love You - (lemon) - dark  
Delice - (coconut) - milk  
Dresse Noisette - milk  
Ganache - (pure ganache) - dark  
Ganache - (pure ganache) - milk  
Merveilleux - (special ganache) - dark  
Merveilleux - (special ganache) - milk  
Palet D'or - dark  
Cerise Emballee - dark  
L'advocaat (advocado) dark  
Feuille (vanilla) dark  
Feuille (vanilla) milk  
Alexandre Le Grand (caramel cream) dark  
Alexandre Le Grand (caramel cream) milk  
Gianduja Emballe (pure pralin)  
SSA Ganache Vanille dark  
SSA Mousse de Poire (pear mousse) milk  
Perle Fine Orange dark  
Perle Irish Coffee milk

Perle Coco milk  
Perle Rhum Cafe white  
Perle Pistache white  
Mendiants dark  
Mendiants milk  
Mendiants white  
Bloc of chocolate - dark  
Bloc of chocolate - milk  
Bloc of chocolate - white  
Finesse dark  
Finesse milk  
Napolitain milk  
Napolitain dark  
Napolitain white  
Napolitain Nibs (cocoa bean pieces) dark  
Napolitain 72% SAO-TOME dark  
Napolitain Orange dark

**Prepacked:**

Cardboard bag Perles Pures Dark - 160g  
Cardboard bag Perles Pure Milk - 160g  
Metax Boxes Perles Pures Dark - 37g  
Metal Boxes Pures Perles Milk - 37g

**Nestle UK**

Rowntree's Randoms

Quality Street Assortment is gluten free - no longer contains malt extract

**Wallaby Health Bars**

**(available in health shops)**

Cranberry Fruit & Nut Bar  
Macadamia & Fruit  
Macadamia & Ginger  
Macadamia & Cashew

WRIGLEY

**Chewing Gum Range:**

Airwaves Black Mint  
Airwaves Cherry Menthol  
Airwaves Green Mint  
Airwaves Menthol & Eucalyptus  
Doublemint  
Extra Arctic Ice  
Extra Cool Breeze  
Extra Fusion Caramel & Chocolate Flavour Liquid Filled Candy  
Extra Fusion Mint & Chocolate Flavour Liquid Filled Candy

Extra Fusion Raspberry Blackcurrant Grapefruit flavour  
Extra Fusion with liquid burst Strawberry Peach flavour  
Extra Ice  
Extra Ice Mints Peppermint (Tins)  
Extra Ice Mints Spearmint (Tins)  
Extra Mints Peppermint (Roll Pack)  
Extra Peppermint  
Extra Polar Ice  
Extra Spearmint  
Hubba Bubba Atomic Apple  
Hubba Bubba Cool Cola  
Hubba Bubba Max Strawberry & Watermelon  
Hubba Bubba Seriously Strawberry  
Hubba Bubba Tape Snappy Strawberry  
Juicy Fruit  
Orbit Complete Lemon & Lime flavour  
Orbit Complete Peppermint  
Orbit Complete Spearmint  
Orbit Complete Strawberry flavour  
Orbit Complete Strong Mint  
Wrigley's 5 Cobalt  
Wrigley's 5 Electro  
Wrigley's Spearmint

#### MARS CONFECTIONERY

Bounty - Milk & Dark  
Galaxy - Minstrels  
Galaxy - Ripple  
Galaxy - Smooth Milk Chocolate  
Galaxy - Smooth Dark Chocolate  
Galaxy Pieces - Milk Chocolate & Caramel  
M&M's - Choco & Peanut  
Milky Way - Magic Stars  
Treats - Peanut Treats

#### SEEDS OF CHANGE

Chocolate Range is gluten free

#### GATEAUX

Coconut Snowballs  
Easter Eggs  
Malloween Delights

## FOX'S CONFECTIONERY

Fox's Glacier Fruits  
Fox's Glacier Dark - (formerly Liquorice & Aniseed)  
Fox's Glacier Garden Fruits  
Fox's Glacier Mints  
Just Brazils Dark  
Just Brazils Milk  
Paynes Poppets Mint  
Paynes Poppets Raisin  
Paynes Poppets Toffee  
XXX Mints

## JELLY BEAN FACTORY

**(All individually sold flavours)**

Gourmet Jelly Beans - 50g Sachet Bag  
Jelly Bean Factory Can - 90g  
Berry Burst Tube - 100g  
Tropical Bonanza - 100g  
Fruit Cocktail - 100g  
Gourmet Mix - 100g  
Jelly Bean Factory Bag - 145g  
Jelly Bean Factory Cup - 200g/300g/400g  
Gourmet Mix - 250g Bag  
Jelly Bean Factory - Long Tube - 410g  
JellyBean Factory Jar - 900g  
Jelly Bean Factory Jar - 1.4kg/1.5kg/4.2kg

## BREAKFAST CEREALS

### RUDES HEALTH

**Gluten Free Breakfast Cereals:**

Corn Flakes  
Puffed Rice

### LIFE FORCE FOODS

Gluten Free Muesli - 500g

## POTATO PRODUCTS

### Green Isle Foods

Green Isle Chunky Oven Fries on page 151 and Green Isle Chunky Cut Chips available in some retail outlets are the same product – both gluten free

## SNACKS & CRISPS

## PRINGLES

**Regular: \* very low gluten**

Cheese \*

Cheese & Onion \*

Hot & Spicy \*

Original - **variety is gluten free**

Prawn Cocktail \*

Salt & Vinegar \*

Sour Cream & Onion \*

Zesty Lime & Chilli \*

**Pringles Rice Infusions:**

Cheese & Onion \*

Classic - **variety is gluten free**

Hot & Spicy \*

Paprika \*

Salt & Vinegar \*

Sour Cream & Onion \*

Sweet BBQ Spare Rib \*

Sweet & Sour \*

Thai Chilli & Lime \*

**Select: \* very low gluten**

Italian Cheese with a hint of garlic \*

Paprika \*

Sea Salt & Balsamic Vinegar \*

Spicy Szechuan Barbecue - **variety is gluten free**

Sun Dried Tomato \*

Thai Sweet Chilli \*

**Extreme: \* very low gluten**

Fiery Wasabi \*

Flamin' Chilli Sauce \*

## HUMDINGER LTD

**(available in selected Tesco Stores)**

Japanese Rice Crackers Original 100g

Japanese Rice Crackers Light Spice 100g

Japanese Mini Rice Crackers Light Spice 40g

## MISCELLANEOUS

**Provamel (Organic) Tofu**

Provamel Soya Tofu Plain Organic - 2x200g

Provamel Soya Tofu Mince Organic - 180g

Provamel Soya Tofu Pieces Lightly Seasoned - 180g

MOONSAND (Spin Master Toys)

Sand product used by play-schools is regarded as gluten free (not edible product)

## VITAMINS / REMEDIES

### Abbott Laboratories

#### Nutritional Supplements - Gluten Free & Wheat Free:

Paediasure Plus

Osmolite 1.5 kcal

Ensure Two Cal

## DRINKS / BEVERAGES / GLUTEN FREE BEER

### SUNNY DELIGHT

Full range - 1 litre & 330ml bottles are gluten free

### Yazoo

Milk Shake in all flavours and sizes is **very low gluten**

### ALPRO

Alpro Soya Flavoured Milks

### PROVAMEL ORGANIC

Flavoured Soya Milks

### ESTRELLA DAMM DAURA

Available nationwide including Dunne's & Tesco:

New Spanish - Gluten Free Beer

## SUPERMARKET OWN BRANDS

### ALDI SUPERMARKET S

Aldi are not supplying gluten free listings of their own brand range but they have informed the Society that all Aldi products that are Gluten Free (as per the revised Codex Standard) are clearly labelled as such, if a consumer has a query regarding any Aldi product the company will be happy to help on a case by case basis.

**Disclaimer**

Whilst every care has been taken in compiling this list of additions to the 2009 Food List, neither the Coeliac Society nor those involved in its compilation, can accept responsibility for any errors of mis-statement contained therein. It must be stressed the importance of checking food labels.